



ROOM TURNOVER SANITATION:

- If you have windows, open them immediately.
- Remove used linens, towels, and other draping, including all blankets, and client draping for each treatment. Fold linens in on themselves and place in lined, lidded receptacle positioned outside the treatment space.
- Use nonpermeable table, pillow, face cradle, and bolster covers. If these can't be thoroughly disinfected between clients, have enough on hand to change between clients.
- Provide a completely new table setup for each client.
- Develop a face cradle hammock protocol to further help capture aerosols from clients when they are prone.
- Use hospital grade, EPA-approved disinfectants to clean anything the client came in contact with including your table, face cradle, stool, bolsters, doorknobs, side tables, storage containers, chairs, etc.
- Follow product manufacturer's recommendations for contact time (how long a surface must stay visibly wet before the disinfectant destroys the pathogen). For some products, this can be 10 minutes.
- Be mindful of porous surfaces on tables and chairs, which can start to be damaged with the use of disinfectants; consider using barrier methods.
- Use CDC recommendations for cleaning all equipment, devices, and surfaces:
 - Hard (Non-Porous) Surfaces: If surfaces are dirty, clean using a detergent or soap and water prior to disinfection. For disinfection, use EPA-approved disinfectants for use against COVID-19.
 - Soft (Porous) Surfaces: Remove visible contamination and clean with appropriate cleaners indicated for use on these surfaces. After cleaning, if the items can be laundered, launder items in accordance with the manufacturer's instructions using the warmest appropriate water setting for the items and dry items completely.



PRACTITIONER SANITATION:

- Upon leaving the treatment room, remove gloves (if applicable) and wash hands thoroughly up to the elbows using WHO guidelines for best practices. All other personal protective equipment (PPE) should remain in place.
- Once the client leaves, begin removing PPE in the proper order.
- Dispose of gloves you may have used for payment transactions.
- Remove your uniform shirt or apron, folding it in on itself and keeping the soiled surfaces inside. Place in a lidded container for daily laundry.
- Remove mask using the same protocol.
- Wash hands thoroughly.
- Redress in a clean uniform.
- Again, wash hands thoroughly, or apply an alcohol-based hand sanitizer.
- Apply a fresh pair of gloves to begin room sanitation.



- Electronics: Clean the implement with a spray or wipe to remove any physical debris. Follow with an EPA-registered disinfectant spray or wipe for the full contact time as noted by the manufacturer's directions.
- Linens, Clothing, Laundry Items: To minimize dispersing virus through the air, do not shake dirty laundry. When removing all uniforms, linens, blankets, and table setups, fold items in on themselves before putting in a closed bin or hamper. Wash items as appropriate in accordance with the manufacturer's instructions, preferably with the warmest appropriate water and dryer settings.
- Repeat hand-washing protocol and reset table and treatment space for next client.
- Throughout the day and between clients, continue to wipe down bathroom surfaces (doorknobs, toilet handles, sink areas, light switches, etc.), reception-area countertops, point-of-sale equipment, and chairs (arm rests).



END OF DAY SANITATION:

- Empty all trash cans; use cleaning cloths to wipe the inside and outside of the trash can thoroughly.
- Do end of day post-client cleaning, and include the phone, keyboard, thermometer, light switches and doorknobs, as well as the bathroom and any other surfaces clients came in contact with.
- Remove bagged laundry from dirty bin for washing and replace hamper with new liner.

