



PRE-SESSION PROTOCOLS:

- Begin the day by taking your own temperature; dress in a “uniform” or attire that can be changed easily and safely between clients.
- Provide disposable masks for use by clients who have forgotten to bring one to their appointment.
- Have your disposable gloves ready to wear if a client requests you to use them, if you do any work around the client’s masked nose or mouth, while performing sanitation and disinfection after each client session, and when handling any client paperwork or payment.
- Have your mask ready to wear throughout your entire interaction with the client, from the initial greeting, screening, and interview until the client leaves your place of business.
- Have ready and available a no-contact thermometer to take the client’s temperature upon arrival. Record their temperature.
- Have ready your client screening form of pertinent health questions to ask clients when they arrive. Document the use of PPE by you and the client.
- Be prepared to ask clients to reschedule without penalty if they show or report any symptoms upon arrival.
- Review client’s Health Intake form and discuss as appropriate. Revisit the Health Intake at each session.
- Set expectations for your client; let them know you both will be wearing masks, limiting table talk, etc.; instruct them on any new protocols for where to put their clothes; inform them on the room sanitation protocols.
- Confirm with clients their level of comfort receiving hands-on work to their face, through their face covering, or, conversely, inform them you will not be including facial work in your session at this time.
- Give instruction on how you will be performing prone work, the client’s level of comfort wearing a mask in that position, and if side-lying positioning might be a better option.
- Ask the client to use hand sanitizer before finishing your screening process and heading to the treatment room.
- Wash your hands up to the elbows before entering the treatment room to begin your work.

